

July Lunch Menu 2026 - Unitized Meals -Parks, Southampton, Davis, VITA

Must be consumed on site

	Monday	Tuesday	Wednesday	Thursday	Friday
	6-Jul	7-Jul	8-Jul	9-Jul	10-Jul
Entrée/Grain Entrée/Grain Vegetable Fruit Milk	Ham and Cheese Wrap PBJ Grape Crustless w 4oz Yogurt Baby Carrots w/Ranch Dressing Fresh Apple Milk Selection 	Chicken Rancho Wrap w/ Lettuce & Cheddar PBJ Strawberry Crustless w/String Cheese Celery Sticks/Ranch Dressing Fresh Grapes in a Cup Milk Selection 	Turkey BLT on a Club Roll PBRaspberry Spread Crustless 4oz Yogurt Cucumber Coins/Ranch Apple Slices Milk Selection 	Turkey and Cheese Sandwich PB Chocolate Spread Crustless w/String Cheese Broccoli w/Ranch Fresh Strawberries in Cup Milk Selection 	Nacho Fun Lunch W/Scoops, Salsa Cheese Sauce & String Cheese Crustless Sandwich Assortment w/String Cheese Cherry Tomato Cup w/ Ranch Orange Wedges Milk Selection 
	13-Jul	14-Jul	15-Jul	16-Jul	17-Jul
Entrée/Grain Entrée/Grain Vegetable Fruit Milk	Ham & Cheese on a Croissant PBJ Grape Crustless w 4oz Yogurt Baby Carrots w/Ranch Dressing Fresh Apple Milk Selection	Chicken Caesar Wrap PBJ Strawberry Crustless w/String Cheese Celery Sticks/Ranch Dressing Fresh Grapes in a Cup Milk Selection	Italian Hoagie PBRaspberry Spread Crustless 4oz Yogurt Cucumber Coins/Ranch Apple Slices Milk Selection	Turkey and Cheese on Kaiser PB Chocolate Spread Crustless w/String Cheese Broccoli w/Ranch Fresh Strawberries in Cup Milk Selection	Nacho Fun Lunch W/Scoops, Salsa Cheese Sauce & String Cheese Crustless Sandwich Assortment w/String Cheese Cherry Tomato Cup w/ Ranch Orange Wedges Milk Selection
	20-Jul	21-Jul	22-Jul	23-Jul	24-Jul
Entrée/Grain Entrée/Grain Vegetable Fruit Milk	Ham & Cheese Hoagie PBJ Grape Crustless w 4oz Yogurt Baby Carrots w/Ranch Dressing Fresh Apple Milk Selection	Buffalo Chicken Wrap PBJ Strawberry Crustless w/String Cheese Celery Sticks/Ranch Dressing Fresh Grapes in a Cup Milk Selection	Turkey BLT/Club Roll PBRaspberry Spread Crustless 4oz Yogurt Cucumber Coins/Ranch Apple Slices Milk Selection	Turkey and Cheese Hoagie PB Chocolate Spread Crustless w/String Cheese Broccoli w/Ranch Fresh Strawberries in Cup Milk Selection	Nacho Fun Lunch W/Scoops, Salsa Cheese Sauce & String Cheese Crustless Sandwich Assortment w/String Cheese Cherry Tomato Cup w/ Ranch Orange Wedges Milk Selection
	27-Jul	28-Jul	29-Jul	7/30/2026 Last day for ESY/Spirit Students	31-Jul
Entrée/Grain Entrée/Grain Vegetable Fruit Milk	Ham and Cheese Sandwich PBJ Grape Crustless w 4oz Yogurt Baby Carrots w/Ranch Dressing Fresh Apple Milk Selection	BBQ Chicken Wrap w/Cheddar PBJ Strawberry Crustless w/String Cheese Celery Sticks/Ranch Dressing Fresh Grapes in a Cup Milk Selection	Italian Hoagie PBRaspberry SpreadCrustless 4oz Yogurt Cucumber Coins/Ranch Apple Slices Milk Selection	Turkey and Cheese on a Croissant Crustless Sandwich Assortment w/String Cheese Broccoli w/Ranch Fresh Strawberries in Cup Milk Selection	Nacho Fun Lunch W/Scoops, Salsa Cheese Sauce & String Cheese Crustless Sandwich Assortment w/String Cheese Cherry Tomato Cup w/ Ranch Orange Wedges Milk Selection

This Institute is an equal opportunity

