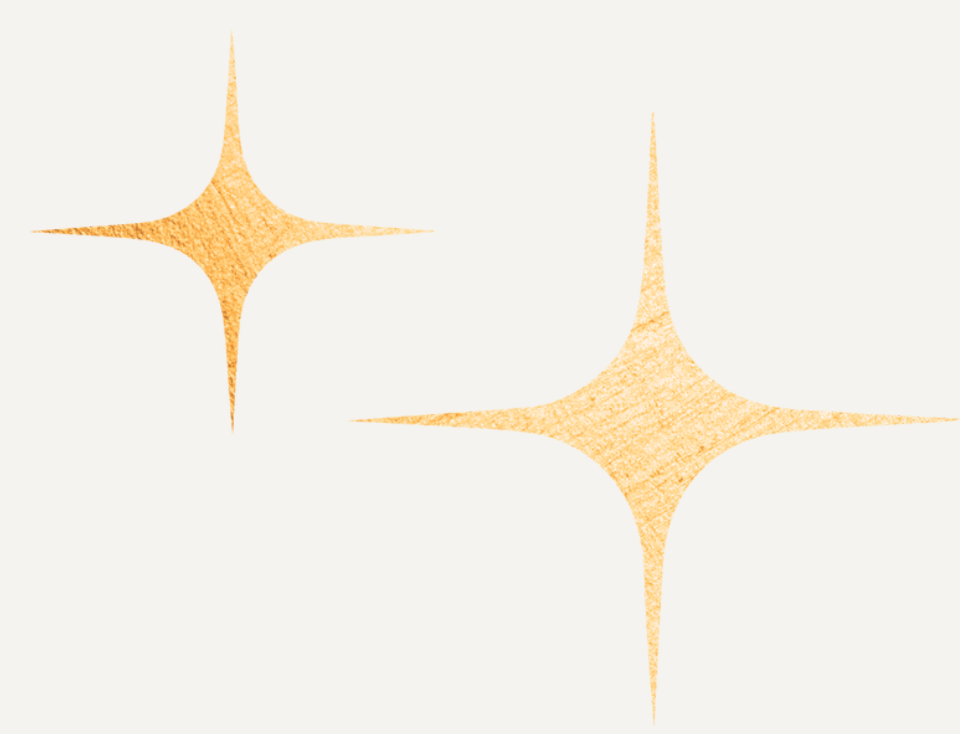




September 2025

UPPER
 SOUTHAMPTON
 PARKS &
 RECREATION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 COMMUNITY CENTER CLOSED	2 9a Gentle Senior Yoga 6:45p POUND *Indoor Pickleball Begins	3 10:30a Active Agers	4 1p Thurs. Afternoon Art 5:45p Karate Kids 6:45p POUND	5 9a Gentle Senior Yoga 10a A Walk Through the Park 10:30a Active Agers 11:30a Sing, Wiggle & Read	6 9a Teen Yoga 11a Soap Making Class
7	8 5:45p/6p Gracie Jiu-Jitsu (Adult & Kids Class) 6:30P Vinyasa Yoga Workshop 6:45p HITT	9 9a Gentle Senior Yoga 11a Pee Wee Picassos 6p Sewing Lessons 6:45p POUND 6p/7:30p Aikido	10 10:30a Active Agers 5:30p Scratch Ninja 5:45p/6p Gracie Jiu-Jitsu 6:30p Vinyasa Yoga	11 11a Playdough Time 1p Thurs. Afternoon Art 3p Drum Lessons 5:45p Karate Kids 6p/7:30p Aikido 6:45p POUND	12 9a Gentle Senior Yoga 10a A Walk Through the Park 10:30a Active Agers 12:30p Amazing Athletes	13 8:30a Tiny Tumbles 9a Soccer Stars 10a Reset & Recharge Class 9a Teen Yoga
14	15 5:45p/6p Gracie Jiu-Jitsu 6:45p HITT	16 9a Gentle Senior Yoga 1:30p Scrabble Social 6p/7:30p Aikido 6:45p POUND	17 10:30a Active Agers 11a Tiny Bakers 5:30p Scratch Ninja 5:45p/6p Gracie Jiu-Jitsu 6p Irish Dance	18 1p Thursday Afternoon Art 3p Drum Lessons 5:45p Karate Kids 6p/7:30p Aikido 6:45p POUND	19 9a Gentle Senior Yoga 10a A Walk Through the Park 10:30a Active Agers 11a Lil' Explorers 12:30p Amazing Athletes	20 9a Teen Yoga 10a Reset & Recharge Class 8:30a Tiny Tumbles Start 8AM - 2PM Township- Wide Yard Sale
21	22 5:45p/6p Gracie Jiu-Jitsu 6:45p HITT	23 9a Gentle Senior Yoga 9a Scrabble Social 6p/7:30p Aikido 6:45p POUND	24 10:30a Active Agers 5:30p Scratch Ninja 6p Slime Time 6p Irish Dance	25 1p Thursday Afternoon Art 3p Drum Lessons 6p/7:30p Aikido 6:45p POUND	26 9a Gentle Senior Yoga 10a A Walk Through the Park 10:30a Active Agers 12:30p Amazing Athletes	27 8:30a Tiny Tumbles 9a Teen Yoga 9a Soccer Stars 10a Reset & Recharge Class
28	29 5:45p/6p Gracie Jiu-Jitsu 6:45p HITT	30 9a Gentle Senior Yoga 9a Scrabble Social 6p/7:30p Aikido 6:45p POUND	1 *Programs subject to change. Visit our website for the most up-to-date details & to register.	2	3	4



MORE INFORMATION

**Register for Programs
at www.ustwprec.com**

Indoor Pickleball

(begins September 2nd)

Memberships Available:

Seasonal: \$90 | Resident
\$95 | Non-Resident

Monthly (20 Scans): \$30 | Resident
\$35 | Non-Resident

Weekly (5 Scans): \$15 | Resident
\$20 | Non-Resident

Daily (1 Scan): \$5

SAVE THE DATES

Adult Halloween Movie Night

Friday, October 24th | 7PM

MOVIE: Jeepers Creepers

Halloween Pumpkin Mash

Saturday, October 25th | 11AM - 2PM

Secret Santa Craft Show

Saturday, December 13th | 10AM - 2PM

